



# 2<sup>nd</sup>. APCLC INTERNATIONAL CONFERENCE

breastfeeding outside the box



## Pre-Conference

4 NOV | HOSPITAL CASCAIS

Implementation of the New WHO Policies on Immediate and Continuous Skin-to-Skin Contact

**9:00 am**

- 🟡 **Nils Bergman** – Nurture science and scientific evidence

**10:30 am – Coffee Break**

**11:00**

- 🟢 **Nils Bergman** – The Zero Separation Case – An Ethical Imperative

**12:30 pm – Lunch**

**2:00 pm**

- 🟣 **Nils Bergman** - Practical Demonstration of immediate and continuous Skin-to-Skin Contact

**3:30 pm – Coffee Break**

**4:00 pm**

- 🟠 **Nils Bergman** - Implementation: Simulated practice of a neonatology service: observation and identification of determinant behaviours for the implementation of zero separation.

**5:00 pm – Closing**

## Workshops and Integration

6 NOV | CASINO FIGUEIRA DA FOZ

### SPACES:

Reception Desk and Participants Registration – MAIN LOUNGE (Floor 0)

Technical Exhibition and Services – CASINO GALLERY (Floor 1)

 (sessions with simultaneous translation)

**2:00 pm – Workshops** (simultaneously) Sign up for the workshop of your choice:

- 🟡 **Susana Tagarro** – The Power of Suction: How the Speech Therapist Transforms Breastfeeding – ROOM AVEIRO (Piso – 1)
- 🟠 **Maria Antónia Martins** – Wound of the Breastfeeding Woman – ROOM FIGUEIRA (Piso – 1)
- 🟣 **Ágata Leonardo** – Osteopathy and Breastfeeding: Improving Newborn Support – ROOM COIMBRA (Piso – 1)

**3:30 pm – Coffee Break**

**4:00 pm – Integrative Workshop**

- 🟢 **Carmela Baeza** and **Esther Ramírez Matos** – Joint Work between Breastfeeding and Perinatal Psychology: A Case Study – ROOM FIGUEIRA (Piso – 1)

**6:00 pm – Closing**

### Scientific Sponsorship



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## Conference

7 NOV | CASINO FIGUEIRA DA FOZ

### SPACES:

Reception Desk and Participants Registration – MAIN LOUNGE (Floor 0)

Technical Exhibition and Services – CASINO GALLERY (Floor 1)

 (sessions with simultaneous translation)

**8:00 am – Registration Opening – MAIN LOUNGE (Floor 0)**


**8:30 am – Opening Session – MAIN LOUNGE (Floor 0)**

**9:00 am**

 **Carmela Baeza** - The Management of Breast Pathology in an Ecosystem Perspective

**10:00 am – Coffee Break**

**10:30 am – Round Table** – Hot Topics in Breastfeeding: Experiences in Motherhood and its Impact on Breastfeeding

 **Esther Ramírez Matos** – Mental Health in the Postpartum and Breastfeeding: The vision of the perinatal ecosystem to accompany the vital crisis of motherhood

 **Ana Miguel** – Violence against Women and its Effect on Breastfeeding

**12:00 pm – Presentation and Awards for Winning Posters**

**12:30 pm – Lunch**


**2:00 pm**

 **Nils Bergman** – Nurture science and the Case of Zero Separation

**4:00 pm – Coffee Break**

**4:30 pm – Round Table** – Hot Topics in Breastfeeding: Current Challenges

 **Rita Parreira** – Lingual Frenulum – where are we?

 **Catarina Santos** – Breastfeeding and HIV

 **Ana Lúcia Torgal** – Ethics in Lactation Support - Principles that govern our practice!

**6:30 pm – Closing**

<https://conferencia.apclc.pt>

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